



Autism Spectrum Therapies

Helping children with autism reach their full potential through ABA

Spanish/English intake and service supports

Applied Behavior Analysis SERVICES

MISSION STATEMENT

To find success in every child we serve; provide high-quality individualized Applied Behavior Analysis (ABA) therapies to improve the quality of life for children and their families.

POPULATION SERVED

Medicaid Allowance: Services offered to children and young adults up to age 21 with a formal autism diagnosis or flagged as "at risk" and on the diagnosis waitlist. 21 and older served on a case by case basis, due to the lack of Medicaid funding guidelines.

AREAS SERVED

Greater Albuquerque area, North and South Valley, Rio Rancho, Bernalillo and Los Lunas

IN NETWORK

Aetna, Albuquerque Public Schools, Humana/Lifesynch, Magellan Presbyterian, Cigna, Blue Cross Blue Shield of New Mexico, Medicaid Centennial Plans (BCBS, Presbyterian & Western Sky) Accepting private pay.

DIVERSITY, EQUITY, and INCLUSION

Autism Spectrum Therapies tailors their approach to foster a culture that embraces uniqueness (race, ethnicity, gender/gender identity, sexual orientation, religion, national origin, disabilities/abilities, or socioeconomic background). AST aims to acknowledge the lived experiences and diversity of perspectives of staff and the children and families they serve. They pledge to create a community centered around trust, respect, tolerance, and empathy.

Home Based

ATS works with children 1:1 in the home for a prescribed number of hours per week. An extensive evaluation of the child's present levels are initially conducted in order to determine appropriate goals and intervention strategies. Programs are individualized based on the child's unique interests and strengths and sessions are often incorporated into the typically occurring family routines. Home sessions are designed to be naturalistic and may work on several areas (e.g., social, play, communication) or be more specific if your child needs help with a particular skill (e.g., toilet training).

School

Designed for the child to be successful in an academic setting with their peers. The focus is on maximizing their learning opportunities throughout the day by providing 1:1 support to help meet academic, social and behavioral goals.

Community

ABA can be implemented in your family's day-to-day life. This may include going to the park, trips to the grocery store, or anywhere else life takes you.

Learning Centers in Albuquerque (2)

Learning Center services are delivered 1:1 with a trained behavior interventionist at an intensity of 25+ hours per week. Initial and ongoing assessment allows our staff to identify and address current needs as they relate to communication, social skills, self-help skills, and problem behavior. AST Learning Centers resemble typical school environments with areas designated for group activities, play centers, and table based instruction.

Adult and Teen Services

Our intention is to be a guide and resource for every stage of your family's needs. The teen years present new opportunities and challenges as individuals move into this new and often confusing developmental phase. Some of the benefits of services at this stage can include the evolution of your child's interests and personal choice to address the emerging need for independence and job readiness.

Additional Therapies

♦ **Occupational therapy** is part of our multidisciplinary approach, and helps children with developmental delays and disabilities learn to perform the activities of daily life such as eating, dressing, and playing with friends. ♦ **Speech and language** therapy can also be part of a multidisciplinary approach. Challenges with speech are a common sign that a child might need supportive services (offered on a limited basis at some locations.)

teleABA

Providing direct therapy and parent consultation remotely.

6004 Academy Rd NE, Albuquerque, NM 87109
(505)569-7003

3311 Candelaria Rd NE, Suite C Albuquerque, NM 87107
(505)255-1100

<https://autismtherapies.com/locations/albuquerque>

LEARN Behavioral

Autism Spectrum Therapies Albuquerque is part of the LEARN Behavioral nationwide network.